

Income and Expense Form

Month:
Year:
Name:
Day of the week you want to enter your expenses:

INCOME (After Taxes & Deductions)							Total
Employment income							
Spousal support, child support							
Retirement income							
Child Tax Benefit / Social assistance							
Spouse's Income							
Total Income (After Taxes & Deductions)							

EXPENSES							Total
Housing							
Rent, mortgage							
Property taxes, condo fees							
House, tenant insurance							
Repairs, maintenance, furniture, appliances							
Utilities (electricity, gas, oil, propane, water)							
Phone, internet, TV							
Other (provide details):							
Food							
Food purchased from stores							
Food purchased from restaurants							
Transportation							
Vehicle loan or lease payments							
Vehicle insurance							
Fuel							
Maintenance, repairs, plate renewal							
Parking							
Public transportation (bus, train, taxi, etc.)							
Other (provide details):							
Family							
Childcare *provide receipts							
Spousal/child support *provide receipts							
Children's allowance							
Other (provide details):							

EXPENSES								Total
Lifestyle								
Entertainment, sports								
Recreation								
Tobacco, alcohol, marijuana, gambling								
Vacation								
Other (provide details):								
Personal Care								
Clothing								
Laundry, dry cleaning								
Haircuts, cosmetics, toiletries								
Other (provide details):								
Health								
Prescriptions *provide receipts								
Various insurance (life, medical, etc.)								
Other (provide details):								
Miscellaneous								
Payments to LIT / estate								
Student loan repayment								
Employment/ Self-Employment Exp. *provide receipts								
Various fees (bank, legal, etc.)								
Gifts, donations								
Pet (food, vet, etc.)								
Other (provide details):								
Total Expenses								

								Total
Emergency fund								
Financial goals								
Deposits to savings for periodic expenses								
Total Savings								

INSTUCTIONS:

You must provide proof of income every month (ie. pay statement for employment income, bank statment for pension income)

You must provide reciepts for prescription expenses, child care expenses, support payments made (unless court order is on file), employment related expenses and self-employment expenses. We can only deduct these expenses from your income with reciepts

Your budget runs from date of bankruptcy to that date one month later (ie. June 21- July 20, July 21- Aug 20,etc)